

## The Amazing World of Frequencies.

Over the last 5 years there have been many advances in understanding the energetic field and how works.

Therapists in a wide variety of disciplines are capitalising on research, which has increased, many times over, the effectiveness of their treatments

In his book, the 'Mozart Effect' Don Campbell suggests that the structure and pace of Mozart's music has a profound effect on moods.

Recently the BBC announced that 'infrasound', (sound which is largely inaudible to the human ear and lies between 10-20 Hz) may be responsible for the religious feelings that people feel in church, and also that some buildings may be resonating infrasound which could account for haunting and Ghostly feelings.

In a recent seminar in London, Dr Fabio Petrossi of Italy introduced a machine, which created pulsing, low frequency magnetic fields.

Clients, wired up, and bathed in the fields claimed feelings of well-being.

Three years ago a group of Shiatsu practitioners using an experiential technique called 'Waveform' identified a wide range of frequencies, which were in evidence when shiatsu treatments were taking place'.

Most of the frequencies that were identified at this time were found to be in the lower range of frequencies, i.e. 35 – 95 Hz. This was however, not the end of the search, but the beginning of an energetic puzzle. Over the following years clearer information emerged which demonstrated that nature capitalised on natural phenomena.

It was discovered that the **Harmonic Sequence** provided the answer to almost all of the questions, which had arisen from the initial experiment

*(The Harmonic Sequence is a range of natural frequencies, which can be produced from an open pipe, and from a string that is fixed at both end)*

Researching the information collected by the Waveform group, Michael Webster, (the founder of Waveform), found indications that low frequencies acted as fundamentals all 'inferring' an Harmonic Sequence.

This multiplied, many times over the chances of accessing an active frequency ready for change<sup>2</sup>.

With Waveform however, one could identify the **exact** frequency, which was indicating that it was ready for change.

Shiatsu practitioners using Waveform find that identifying the active components in diagnosis becomes all too easy. With accurate diagnosis and identification of the meridians involved, active tsubos (acupuncture points) are easily located and activated; effective treatment becomes simple.

Reiki was interesting in that it was discovered that the Symbols themselves were not the sole answer to energetic change. Visualising the symbol the brain produced a wide range of signals on different frequencies. In this way it had a varying number of chances of resonating with an active frequency. Having a number of symbols created a wider range of transmitted frequencies, increasing the chances of connecting to an active frequency; creating the opportunity for healing to take place.

In Reflexology it was found that during most treatments, the preliminary/warm up actions, rotating and stretching of foot and toes created as much, if not more changes than working the reflexes on the feet.

In Shiatsu, palming and rotating, stretching, etc. are also considered to be preparation. The results of our research indicate that these 'warm-up' actions can produce major therapeutic changes and can constitute the most effective part of the treatment.

Being selective in treatment, identifying and acting on the areas of greatest response produced the most effective results.

In all treatments observed by Waveform practitioners, it was found that most energetic changes took place within the first 20 minutes of treatment.

Recognising in a tangible way what is, and what is not willing to change simplifies treatments and increases effectiveness.

The bottom line of any treatment is; has it achieved what it set out to do, that is, to promote and assist the natural healing process indicated by the body / mind (identifying active frequencies ready for change, and acting upon that information)?

The energetic world is now revealing its secrets.

<sup>1</sup> 'The Frequencies of Healing' Michael Webster.

<sup>2</sup> 'Three years on' Michael Webster.

Michael Webster lives by the shores of Loch Lomond with his wife Stella, and is one of the most experienced teachers and practitioners of Shiatsu in the UK.

Michael's discovery of **Waveform Energetics** has been tested and developed over the last nine years, and is considered by many to be the breakthrough in energy work that has been long awaited.

Michael's research into energy began after a period of apprenticeship with a unique spiritual training group in the Orkney Isles. The skills he acquired during this period are beyond what is considered to be normal, and provided the motivation for his continued search, not only to experience, but also to access at will and understand what is outside of normal experience.

The seeds of Waveform sown in Orkney continue to bear fruit, which is now accessible to all.

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