

The Energetics of Reiki

Trained as a shiatsu practitioner, my main interest has been in this particular therapy to the exclusion of others. There also may have been a belief that Shiatsu was best, or perhaps better than other forms of therapy.

My research over approximately 15 years into the energetic field and its workings, and energetic changes, which are in evidence, has brought me into close contact with a wide range of therapies.

This breakthrough in energy work known as Waveform, allows access, by its practitioners into the effectiveness, or not, of any form of therapy which claims to use energetic change as a prerequisite for healing.

Early Waveform courses brought me into contact with Reiki Master Molly McCoomb from Perth in Scotland. Molly, in her 60's had the respect and love of many, not just because of her personality and her compassion of the born healer but also because of her abilities as a Reiki Master.

Developing awareness through Waveform technique, Molly changed her approach to Reiki, knew exactly when and which Symbols were working, and became aware of when there was no immediate response, or when changes taking place had tailed off a new symbol was used. Her treatments became more focussed, shorter, more effective as she reported having a continuous tangible awareness of what was happening, monitoring and changing as required.

For Molly the improvements were significant. For those taking part in the course from other therapies, they were able to witness for themselves, without doubt, and in an almost physical way, the power of Reiki.

As for the teacher, it was my first experience of Reiki using the newly developed awareness tool of Waveform, it was powerful!

It also gave insight into the working of the symbols.

Molly was never compromised - we did not need to know what the symbols were, only when they were being changed. In this way we could scan for what was, and also was not effective at that point in time.

Effective symbols were in evidence **before** Molly advised of change.

Not all symbols worked at the same time they were applied, and not necessarily with the client you are working with but there are good reasons for that as we now believe we know how the symbols work.

I continued my study of Reiki using Waveform with Claire Winchester an excellent Reiki Master in the Highland region, and in return commenced my own training in Reiki.

I monitored treatment after treatment given by Claire and a number of attunements.

The evidence remained the same. The signal of the symbol is out/ relayed at the point of thought, which is before speech or symbol described with the hand.

Claire, now trained in Waveform was aware like Molly of the effectiveness, was able to witness for herself the power of Reiki. Knowing what was working and wasn't she was now able to make the changes needed to optimise the energetic change desired by the body and mind.

As before with Molly, change before treatment or attunement was evident before speech or physical sign. When nothing happened the symbol was changed, and again if needed until a response was felt. Here the symbol and the energetic requirements of the Body and Mind were in unison.

Using all symbols and knowing which are working at that specific time seems to cover all eventualities unless the Body/Mind is no longer prepared to change. The treatment is over, all potential for change has been optimised.

Neither Molly or Claire needed any confirmation of the effectiveness of Reiki, and Waveform served to give increased confirmation, ready information, increased effectiveness. For all other therapists using Waveform, the tangible effects of Reiki and the power of the symbols would never again be in doubt.

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