

Waveform - a Reiki Perspective

After several years of practicing Reiki in the traditional way, I began to feel strongly in an as yet undefined manner that I needed to change my mode of application. Each of us has experienced those strong feelings, which Reiki encourages in us to follow our own truths and be open to what Reiki is calling and requires of us.

By using Reiki we accelerate our development on all levels, sometimes with turbulence but more often with gentleness. Clearing our own blockages allows our energy to flow more freely and increasingly the rate at which we vibrate heightens and refines. As this happens we become more alert, our intelligence is more apparent, our intuition increases and our capacity to channel healing intensifies. That which is Sacred within us and which recognises the Sacred in others is moved to experience more subtle levels where energy is not flowing as it should be.

Feeling that I needed encouragement to work differently with Reiki, I was fortunate to find that The Scottish School of Holistic Healing Arts was offering to teach a new course which might be that for which I was searching. You know that warm glow which comes when you know something is right for you

Although I didn't understand what "Waveform" was, just as previously I hadn't understood what Reiki was, I had such great respect for Mike Webster, one of the directors of the school, and knew the integrity of his teaching and his work, that I had confidence in his ability to help me move forward with Reiki.

Waveform I was exactly what I needed. We were taught to "sense", not only on the person on whom we were working but collectively at a distance and sometimes from behind. I was getting just what I needed at exactly the right moment.

Back home, clients noticed the difference in my manner of working and felt that they were getting better treatments. Confirmation of this was given to me colleagues on whom I worked during our monthly sharing evenings. I knew that the standard of my work had improved AND that the time of each treatment was shortened.

Waveform 2 was much more than I had imagined it could be. We were taught to sense energetically what was happening when the Reiki symbols were employed. This, again, deepened the levels of healing reached.

The abilities of Mike and Des to sense and see energetically is impressive and very quickly they facilitate their students' abilities to begin to do similarly. During each course, I felt "stretched" well beyond any ability, which I had previously and am delighted to find that this greater ability has stayed with me. I work with much greater confidence and assurance, thanks to Waveform, and my clients and colleagues find the quality of my treatments greatly enhanced.

Previously, I had thought that the abilities to "sense" and "see" and "hear" came with you at birth or may develop after many years practice in energy work. Imagine my astonishment when Mike and Des had us doing this very subtle work almost immediately, taught to us in easy to understand scientific terms in a very practical, no-nonsense manner. The "stretching" came in the practice, practice, practice.

We were given great care, attention and encouragement, and to our amazement each of us came away with these new abilities, which we were assured at the onset we would have. Awesome!

Molly McCoombes. Reiki Master 1997