

# The Response Model (Waveform's Donkey)

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The Response Model is an attempt to give a possible shape to what is actually happening when we become aware of the “place to be” using the tools of Waveform as created and developed by Mike Webster and follows a donkey plodding its way along the road

It is absolutely not essential that you agree with me, in fact a lively debate will perhaps bring more clarity and is always welcome. I believe it is important because as it has far reaching consequences, because of the pre-requisites or assumptions that have to be made in order to give this model life. These assumptions are then differentially proved by virtue that the opposite is not possible, and what could be more normal that a donkey who has never heard of waveform walking along the road.

We assume:

1. We assume that **reality is the result of the interaction between the observed and the observer**. All reality has to be observed directly or indirectly. I assume this to be true as I find it impossible to suggest an example of a non-observed reality
2. We assume existence and communication are one and the same; one is not possible without the other. So to exist means to communicate and to communicate means to exist. So we can develop that well know saying “I think therefore I am” by “**I am therefore I communicate**”. I think.  
I assume this to be true, as I find it impossible to suggest an example of something that does not communicate its existence.
3. We assume that there is an individual evolutionary program that unfolds for each one of us. A program that seeks a continual achievement of Balance (a definition of balance will be given later) this is a little trickier to prove and at this point I will resort to saying that it feels intuitively to be true and that the contrary of this just does not feel right

## **The Response Model:**

From now on we will refer to the observed as an event.

1. Each event produces a signal in the form of a vibration (sound or light); this vibration is the medium of communication, which is picked up by the observer.

e.g. light, **a donkey walks along a road**, an electron orbiting the nucleus changes its orbit and emits light, and Stomach 36 becomes active.

2. Communication takes place on one or many levels, in other words each emitted signal from an event has either one possibility or more possibilities to express itself. These possibilities are available to the observer, provided that the observer has the right tools to receive.

Therefore we may have the possibility to observe the event on many levels

**e.g. we can even see the donkey in complete darkness if we are equipped with infrared goggles.**

3. Our natural ability to sense and feel this communication implies a unity between the event the observer. This ability relies on the event and observer being on the same wavelength or to have the ability to resonate with one another. (This phenomenon of resonance will be explored in depth in a further article). As in all good communication exchange is the essence we will refer to the observer's reaction as the **Response**.

The ability of more than one observer being able to observe an event is a direct physical expression of the often-expressed Philosophical concept "we are one". The casual onlookers are endowed with the apparatus to pick up the light reflected off the donkeys as it makes its way to where it wants to be because communication is omni directional

**e.g. the casual onlookers see the donkey walk along the road.**

4. Our ability to observe change relies on our ability to notice alterations and differentiate or compare with previous states. To be continually capable of experiencing or feeling the changing ripple of communication. is a direct physical expression of the often-expressed ideals

"Being There" and "To let Go"

**e.g. a few minutes ago the donkey was happily grazing (before it decided to go walkabout) this was our "Frame of Reference"**

5. When an action or event comes to an end the signal is weak and eventually is no longer detectable. The event has passed. e.g.. **When the donkey keeps on walking to it's destination, it becomes a faint dot on the horizon eventually disappearing**

So what happens? What do donkeys have in common with Waveform?

Before that lets make a new definition of **Imbalance**, which I personally feel has very little meaning unless of course you list high wire walking as one of your hobbies.

Here I define **Imbalance**:

The signalled priority of the being to communicate the need to move to a new desired point of well being.

**Balance: The experience of the being residing in the new desired point of well-being. This is a healthy state of continuous, natural and progressive movement.**

The donkey walking is just an analogy for any possible event that can take place or any **signalled priority**.

Lets look at what happens when the body signals an imbalance.

**"Signalled Priority"** This is an event and the signal of imbalance is emitted omni directionally and is available to be received by the observer(s). On reception of the signal the observer in this case the therapist is in a position to decide on a course of action.

**Response**

The course of action will be the right one when the strength of signal initially remains the same or increases in intensity. The course of action finally comes to an end when the signal reduces in intensity and becomes weak.

Here we have reached **New Local point of Desired Well being**.

The observer is then prepared to "Let Go" and then "Be There" thus moving to the new **frame of reference** in preparation to receive the next communication.

This cycle continues until no further communication of imbalance becomes available we assume that the body has reached it's new **"New global desired point of well being"** for that particular time and now requires time to rest and integrate the new energetic picture.

Further response at this point is unnecessary and probably non-constructive